

SMALL BOAT SAILING GENERAL SKILLS

General Skills, 1-4, apply regardless of windspeed range

SKILLS	STANDARD
1. WIND DIRECTION	
Identify three wind indicators	
Identify wind direction	within a few degrees
2. RIGGING/ UNRIGGING	
Drain plugs	installed tightly and securely
Rudder, fins	properly rigged
Rig sails	secure at all attachment points, adequate outhaul tension
Raise sails	bow into wind, fully raised, halyards secure
Lower, flake/furl/roll sails	neat even folds, seams parallel, secured
Secure lines, rigging, gear	running rigging taut and secure, neat, everything in place, all gear stowed
Drain/bail all water	hull empty, cockpit dry
Clean	as clean or cleaner than you found it
3. KNOTS / LINES	
<i>Demonstrate:</i>	
Cleat hitch	using standard deck cleat
Coiling	as for halyards, secured
Figure 8	correctly formed, close to end of line
Bowline	ring or rail
4. RULES OF THE ROAD	
<i>Describe right of way:</i>	
Sail vs. power exception	opposite tacks, same tack, overtaking
Sail vs. muscle power	

From the "Small Boat Sailor Certification Record Book" also known as "The Little Red Book." Published by the US Sailing Association.